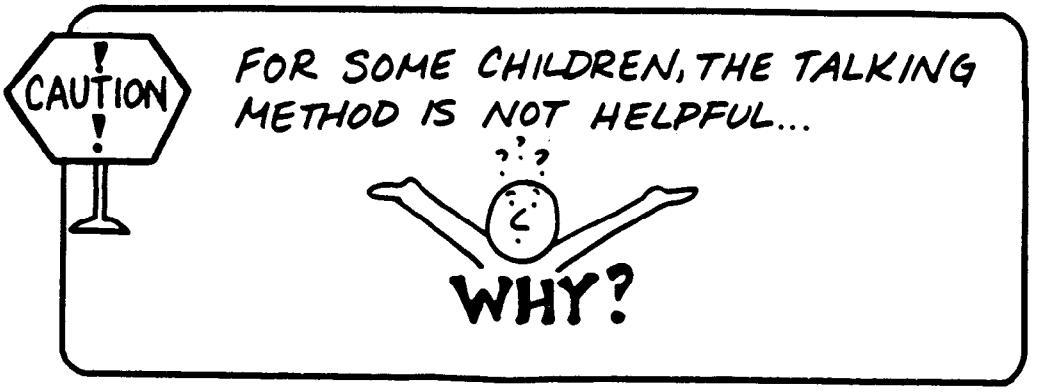

* In some cultures, talking openly is not comfortable, appropriate (or even "polite").

* Some children have been raised in families where "talking-out one's feelings" was not possible or supported.

* Some children have been raised in situations other than with family, where talking openly was not practiced.

* Some children simply prefer not to discuss their feelings openly due to personality type, privacy concerns, or lack of trust in the process.

All these reasons should be respected as VALID.

So, here is the other method option for defusing children...

DRAWING →